



## Clinical Skin Care Treatment Menu

InspiraDerm Esthetics specializes in providing advanced clinical skin care resurfacing treatments for cosmetic facial rejuvenation that are safe, effective, painless, and that leave the skin intact. No numbing needed. No downtime required. You will leave with a fresh, clean, smooth, and glowing canvas upon receiving your facial treatment! We provide Dermaplaning, Diamond Microdermabrasion, Nano-Needling, Superficial Chemical Peels, LED Light Phototherapy, and multiple combination clinical facial rejuvenating treatments to stimulate collagen and elastin to help you achieve a smoother, revitalized, and fresher appearance.

Each InspiraDerm clinical facial treatment will be customized to suite your individual skin goals and skin type using only clean clinical grade skin care products. Product recommendations and skin care support are provided post treatment.

Clinical skin care resurfacing and LED light phototherapy rejuvenating treatment results are cumulative with results visible after your initial treatment. However, best results will be achieved through receiving multiple skin care treatments and through consistency of using a daily at home preventative and corrective skin care regimen. The number of clinical treatments needed for skin rejuvenation can range from 3 to 12 and will be determined by your individual complexion concerns and goals. 4 treatments are typically needed to see improvements in brown colored spots and moderate wrinkling.

Clinical skin care resurfacing/rejuvenating treatments may be repeated between 3 and 8 weeks. Your personal skin care treatment plan will determine the length of time in between each treatment.

## Clinical Skin Care Combination Facial Treatments

Combination facial resurfacing treatments can be performed on all skin types to reduce a variety of cosmetic concerns and are best for individuals wanting to improve the look of superficial aging seen on the complexion. Combination facial resurfacing treatments combine two compatible clinical resurfacing/rejuvenating treatments with a customized treatment masque to improve overall skin health, clarity, radiance, skin tone and texture, mild skin discolorations and superficial wrinkling.

### **Superficial Chemical Peel with LED Light Phototherapy Facial \$150**

Includes a superficial chemical peel treatment and a LED light phototherapy treatment combined with a customized treatment masque. Recommended for normal, combination, oily, and acne prone skin types with mild sun damage and blemishes that want a brighter, clearer, smoother, and more even toned complexion.

### **Dermaplaning with Superficial Chemical Peel Facial \$150**

Includes a dermaplaning treatment and a superficial chemical peel treatment combined with a customized treatment masque.

Recommended for normal, combination, oily, and dry skin types that want to remove unwanted hair, treat the look of superficial aging seen on the complexion and want a smoother brighter complexion.

### **Dermaplaning with LED light Phototherapy facial \$150**

Includes a dermaplaning treatment and a LED light phototherapy treatment combined with a customized treatment masque. Recommended for sensitive skin, normal, combination, and dry skin types that want to remove unwanted facial hair and want a chemical free option for a brighter, smoother, clearer complexion.

### **Diamond Microdermabrasion with Dermaplaning Facial \$150**

Includes a diamond microdermabrasion treatment, a dermaplaning treatment, combined with a customized treatment masque. Recommended for sensitive, normal, combination, oily, and dry skin types that want to remove unwanted hair, want a deeper cleansing to reduce the look of blemishes and refine pores, improve skin tone and texture, and want a chemical free option to improve the look of scarring, and superficial lines and wrinkles.

### **Diamond Microdermabrasion with LED Light Phototherapy Facial \$150**

Includes a diamond microdermabrasion treatment and a LED light phototherapy treatment combined with a customized treatment masque. Recommended for normal, combination, oily, and acne prone skin types that want a deeper cleansing to reduce the look of blemishes and refine pores, want to improve skin tone and texture, and also want a chemical free treatment option to improve the look of scarring and superficial lines and wrinkles.

### **Dermaplaning with Nano-Needling Treatment \$180**

Includes a dermaplaning treatment and a nano-needling treatment combined with a customized treatment masque. Recommended for all skin types that want to remove facial hair, want a chemical free option to infuse treatment serums into the skin to naturally stimulate collagen and elastin to plump up the skin to smooth away fine lines and wrinkles, and improve the look of sagging skin, acne pigmentation and scarring.

### **Nano-Needling with LED Light Phototherapy Facial \$180**

Includes a nano-needling treatment and a LED light Phototherapy treatment combined with a customized treatment masque.

Nano-needling painlessly stimulates collagen and elastin using a pen-like device to infuse treatment serums into the skin. Nano-needling allows the skin to absorb up to 97% more product to instantly plump up the skin.

Recommended for all skin types that want a chemical free option to infuse treatment serums into the skin to naturally stimulate collagen and elastin to plump up the skin to smooth away fine lines and wrinkles, improve the look of sagging skin, acne pigmentation and scarring.

## **Clinical Skin Care Triple Combination Facial Treatments**

Triple combination facial resurfacing treatments can be performed on all skin types to reduce a variety of cosmetic concerns and are best for individuals wanting treatment options to reduce and to improve the look of superficial to more moderate signs of aging.

Triple combination facial treatments improve overall skin health and the look of superficial to more moderate signs of aging seen on the skin. These treatments provide super-charged resurfacing results while still keeping the skin intact to improve clarity, radiance, skin tone and texture, skin discolorations, and improve the look of scarring and wrinkling.

Triple combination facial resurfacing treatments include two compatible resurfacing treatments combined with a LED light phototherapy rejuvenating treatment with a customized treatment masque to improve overall skin health, clarity, radiance, skin tone and texture, improve the look of brown skin pigmentation, and superficial to moderate wrinkling.

### **Dermaplaning and Superficial Chemical Peel Combo with LED Light Phototherapy Facial \$180**

Includes a dermaplaning treatment, a superficial chemical peel treatment, and a LED light phototherapy rejuvenating treatment combined with a customized treatment masque.

Recommended for normal, oily, and dry skin types that want to remove unwanted facial hair, reduce superficial to more moderate signs of aging and that want a brighter, smoother, clearer complexion.

### **Diamond Microdermabrasion and Superficial Peel Combo with LED Light Phototherapy Facial \$180**

Includes a Diamond microdermabrasion treatment, a superficial chemical peel treatment, and a LED light phototherapy rejuvenating treatment combined with a customized treatment masque.

Recommended for normal, oily, combination and acne prone skin types that want a deeper cleansing to reduce blemishes, refine the look of pores, improve skin tone and texture and that want to reduce superficial to more moderate signs of aging.

### **Diamond Microdermabrasion and Dermaplaning Combo with LED Light Phototherapy Facial \$180**

Includes a Diamond microdermabrasion treatment, a dermaplaning treatment, and a LED light phototherapy rejuvenating treatment combined with a customized treatment masque. Recommended for sensitive, normal, combination, and dry skin types that want to remove facial hair, want a deeper cleansing to refine the look of pores, improve skin tone and texture and who want a chemical free option to reduce superficial to more moderate signs of aging.

### **Dermaplaning and Nano-Needling Combo with LED Light Phototherapy Facial \$220**

Includes a dermaplaning treatment, a nano-needling treatment and a LED light phototherapy rejuvenating treatment combined with a customized treatment masque. Recommended for all skin types that want to remove facial hair, want a chemical free option to infuse serums deeper into the skin for better product absorption, want plumper looking skin with less discoloration, wrinkling, scarring, sagging and want to reduce superficial to more moderate signs of aging.

## **30 minute Clinical Skin Care Treatments**

30 minute clinical resurfacing/rejuvenating facial treatments are for individuals who want to receive a quick resurfacing or rejuvenating skin care treatment. 30 minute treatments are also recommended for individuals wanting to receive a series of individual clinical skin care treatments such as superficial chemical peels, dermaplaning treatments, diamond microdermabrasion treatments, nano-needling treatments, or LED light phototherapy treatments every 3 to 5 weeks.

**30 minute Superficial Chemical Peel Treatment \$75**

**30 minute Dermaplaning Treatment \$75**

**30 minute Diamond Microdermabrasion Treatment \$75**

**30 minute LED Light Phototherapy Treatment \$75**

**30 minute Nano-Needling Treatment for Face and lips \$105**

**Skin Care treatment Add Ons; Brow Wax and Shaping \$20, Brow Tinting \$20**